



	<i>breakfast</i>		<i>lunch</i>	<i>I snack</i>	<i>II snack</i>
<i>Monday</i>	<i>Buffet</i> <i>Bread (wheat, rolls with wholemeal sunflower seeds) 1, Butter 7 Sausage (cooked poultry), vegetables (pepper, tomatoes, pickled cucumbers), fruit (bananas, apple), Milk and milk products (natural yoghurt 7), drinks, fruit tea, Whole grain breakfast cereals 1, dried fruit (cranberries, apricots). Strawberry blackcurrant jam (low-sugar) and honey</i>	<i>‘Vegetables fruits’</i>	<i>Cream of vegetables, Chicken breaded in cornflakes, rice with turmeric, fresh vegetables Roasted vegetables in curry</i>	<i>Yeast, milk, vegetable</i>	<i>Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea</i>
<i>Tuesday</i>	<i>Buffet</i> <i>Bread (rye, wheat, wholemeal bread 1), butter 7 Sausage (pork loin), cheese 7, cappresse salad 7 vegetables (green cucumbers, tomatoes, radishes, colored peppers), pears, apples, Milk and milk products (vanilla cheese) 7, drinks coffee with milk 1.7, 1 Honey whole grain breakfast cereals, dried fruit, bananas, kiwi. Jam (low-sugar apricot, cranberry) and honey</i>		<i>Tomato soup with rice, Meat stew with vegetables, mashed potatoes, fresh vegetables Ratatouille</i>	<i>Drinking yoghurt, vegetable, challah</i>	<i>Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea</i>
<i>Wendesday</i>	<i>Buffet</i> <i>Bread, Butter 7 Hot sausages, Mozzarella cheese 7, vegetables (cherry tomatoes, pickled cucumbers, radish, green lettuce), orange, apple, fruit, grape, broccoli and goat's cheese sprout salad with boiled broccoli 7 Cocoa with milk 7, milk products (fruit yoghurts) 7, drinks (tea, milk) Whole grain breakfast cereals 1, dried fruit (apricots, raisins, cranberries). Jam (low-sweetened elderberry, sea buckthorn) and honey</i>		<i>Cabbage soup with potatoes and parsley Roast turkey, bulgur groats, fresh vegetables Cabbage rolls with groats and mushrooms</i>	<i>Bun, cabbage, vegetable</i>	<i>Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea</i>



Thursday	<i>Buffet</i> Bread (rye, multi-grain bread, rolls with vegetables and linseed ¹), Butter ⁷ Sausages (beef pastrami), Yellow cheese ⁷ , vegetables (green cucumbers, tomatoes, radishes, colored peppers, kohlrabi), grapefruit, blueberries, plums, Milk and milk products, natural yoghurt with raspberries ⁷ , drinks, Chocolate breakfast cereals ^{1,7} , dried fruits, cranberries. Fruit salad Jam (low-sugar) quince, blueberry and honey		Mushroom soup with potatoes, Neleśniki with cheese, pancakes with apple, Fried chicken Fresh vegetables	Mini pizza, vegetable	Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea
Friday	<i>Buffet</i> Whole wheat bread ¹ , Butter ⁷ Poultry meats, Goat cheese ⁷ , vegetables (paprika, celery, tomatoes), fruit, apple, apricot, Milk and milk products (fruit yoghurt, homogenized cheese) ⁷ , drinks coffee with milk, Breakfast cereals (whole grain corn) ^{1,7} , dried fruit sunflower, pumpkin, raisins. Jam (low-sugar raspberry, plum jam) and honey		Beef stew soup Pasta with pesto and tomato sauce Fresh vegetables	Muffin, fruit mousse	Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea

NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. GLUTEN; 2. crustaceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AND SULFATE; 13. LUPINE; 14. FLUSHERS.